Centre for Exercise Science and Sports Medicine – University of Rome “Foro Italico”

The Centre for Exercise Science and Sports Medicine is located inside the premises of the University of Rome "Foro Italico". This University is one of the four State Universities of Rome, and is the only Italian University and one of the few Europeans to be fully dedicated to exercise and sports science. Founded in 1928, its headquarters are located in the great monumental complex of the Foro Italico, which houses some of the most important sports facilities of the Capital.

The Centre for Exercise Science and Sports Medicine is specifically organized to carry out all the clinical tests for pre-participation screening, laboratory and field testing, prevention of injuries and illnesses and evaluation of the athlete’s performance. Medical assessments for sport eligibility are carried out by a pool of specialists in sports medicine and other areas such as cardiology, internal medicine, endocrinology, ophthalmology, radiology, rehabilitation and traumatology. It provides also a wide range of services in the field of sport-therapy, including indoor and outdoor sports facilities. A Sports Nutrition Unit is available on site.

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